

## Certified Play Therapy providers (Ages 0-10) – Based on Insurance

### ***Optima Insurance***

1. Resilience Counseling and Social Skills Center  
1320 Central Park Boulevard  
Suite 200  
Fredericksburg, VA 22401  
(540) 698-3727
2. Dianne Bachman  
804 Charles Street  
Fredericksburg, VA 22401  
(540) 302-5806
3. Courage Health & Wellness  
4820 Southpoint Drive  
Suite 105  
Fredericksburg, VA 22407  
540-358-8677
4. Louisa Creative Counseling, LLC  
421 Mineral Avenue  
PO Box 192  
Mineral, VA 23117  
[\(540\) 307-4009](tel:5403074009)
5. Woodbridge Therapy Group  
2680 Opitz Boulevard  
Suite 220  
Woodbridge, VA 22192  
(703) 497-1771

### ***Anthem Health Keepers***

1. Bright Horizons Counseling Services, LLC  
306 Garrisonville Road  
Suite 201  
Stafford, VA 22554  
[\(540\) 707-0786](tel:5407070786)
2. Resilience Counseling  
Larry J Colby  
306 Westwood Office Park  
Fredericksburg, VA 22401  
[\(540\) 296-2365](tel:5402962365)

3. Woodbridge Psychological Associates, PC  
4320 Prince William Parkway  
Suite 109  
Woodbridge, VA 22192  
[\(703\) 634-5702 x110](tel:(703)634-5702x110)
4. Compassionate Counseling, LLC  
Elizabeth Taylor  
5601 Cambridge Drive  
Fredericksburg, VA 22407  
[\(540\) 684-1141](tel:(540)684-1141)
5. Play Therapy Essentially, PLLC  
Fredericksburg, VA 22408  
Call Intake Department  
[\(540\) 361-6710](tel:(540)361-6710)
6. Wendy Carannante  
4444 Germanna Highway  
Locust Grove, VA 22508  
[\(540\) 592-4364](tel:(540)592-4364)
7. Harmony Psychotherapy Center  
4000 Genesee Place  
Suite 109  
Woodbridge, VA 22192  
[\(703\) 349-7524](tel:(703)349-7524)

### **Medicaid**

1. Larry J Colby  
Licensed Professional Counselor, LPC  
306 Westwood Office Park  
Fredericksburg, VA 22401  
(540) 296-2365
2. Play Therapy Essentially PLLC  
Licensed Professional Counselor, LPC, NCC, RPT  
Call Intake Department  
(540) 361-6710
3. Adam Doane, LCSW, Child / Family Counseling, PLLC  
Clinical Social Work/Therapist, LCSW, CSOTP  
219 E Davis St  
Suite 310

Culpeper, VA 22701  
(540) 274-1162

4. Kristy L. Bazzanella  
Licensed Professional Counselor, MA, LPC, CCTP, RPT  
Louisa Creative Counseling, LLC  
421 Mineral Avenue  
PO Box 192  
Mineral, VA 23117  
(540) 307-4009
5. El Rophe Psychological Solutions, LLC  
904 Princess Anne St  
Suite 402  
Fredericksburg, VA 22401  
Call Laurencia C. duSantos  
(703) 348-9174
6. Resilience Counseling  
306 Westwood Office Park  
Fredericksburg, VA 22401  
540-358-8436

### ***Virginia Premier***

1. Resilience Counseling  
306 Westwood Office Park  
Fredericksburg, VA 22401  
540-296-2365
2. Louisa Creative Counseling, LLC  
421 Mineral Avenue  
Mineral, VA 23117  
540-307-4009
3. Adam Doane, LCSW, Child/Family Counseling, PLLC  
219 E Davis St  
Suite 310  
Culpeper, VA 22701  
540-274-1162
4. Louisa Psychological Consulting, PC  
102 Elm Avenue  
Louisa, VA 23093  
540-592-4987

### ***United Health Care***

1. Bright Horizons Counseling Services, LLC  
306 Garrisonville Road  
Suite 201  
Stafford, VA 22554  
Call Bright Horizons  
(540) 707-0786
2. Compassionate Counseling, LLC  
Elizabeth Taylor  
5601 Cambridge Drive  
Fredericksburg, VA 22407  
Call Elizabeth Taylor  
(540) 684-1141
3. Balance Behavioral Health, PLLC  
6504 Woodlake Village Circle  
Midlothian, VA 23112  
(804) 594-8270
4. Apple Tree Counseling LLC  
210 Commerce Street  
B  
Occoquan, VA 22125  
(434) 483-5575
5. Healthy Minds Therapy, PLLC  
Fredericksburg Location  
4528 Plank Road  
A1  
Fredericksburg, VA 22407  
(540) 215-8569f

### ***Blue Cross Blue Shield***

1. Resilience Counseling and Social Skills Center  
306 Westwood Office Park  
Fredericksburg, VA 22401  
540-699-0226
2. Horse and Soul Counseling, PLLC  
27195 Old Office Road  
Culpeper, VA 22701  
540-212-6176

3. Healthy Minds Therapy, PLLC  
4528 Plank Road  
A1  
Fredericksburg, VA 22407  
(540) 215-8569
4. Psychological and Life Skills Associates  
601 Jefferson Davis Highway  
Suite 101  
Fredericksburg, VA 22401  
(571) 341-7193 x5
5. Adam Doane, LCSW, Child/Family Counseling, PLLC  
219 E Davis St  
Suite 310  
Culpeper, VA 22701  
540-274-1162
6. Bright Horizons Counseling Services, LLC  
306 Garrisonville Road  
Suite 201  
Stafford, VA 22554  
(540) 707-0786
7. Play Therapy Essentially, PLLC  
Fredericksburg, VA 22408  
Call Intake Department  
(540) 361-6710

### ***Community Based Clinics***

1. CVHS Health Services  
1965 Jefferson Davis Hwy, Suite 100  
Fredericksburg, VA 22401  
540-735-0560
2. Rappahannock Area Community Services Board  
Spotsylvania Clinic: 540-582-3980  
Stafford Clinic: 540-659-2725  
Fredericksburg Clinic: 540-373-3223  
King George Clinic: 540-775-9879  
Caroline Clinic: 804-633-9997