



LIGHTHOUSE COUNSELING OF FREDERICKSBURG

LGBTQ+ Adolescent Support Group

Lighthouse Counseling is offering a **FREE** adolescent support group for anyone between the **ages of 14 – 18** who identify under the LGBTQ+ umbrella or who are questioning their sexuality or gender identity.

We do need to meet with adolescents ahead of time to gather demographic information. Parental consent will be requested but not required.

When: Tuesdays from 6pm to 7:30pm

Where: 420 Hudgins Rd. Suite 201 Fredericksburg, VA 22408

How: This is an “in-person” group

Referral process: Those wishing to attend should call Lighthouse at **540-907-0121, ext. 0** to be linked with the group leader.