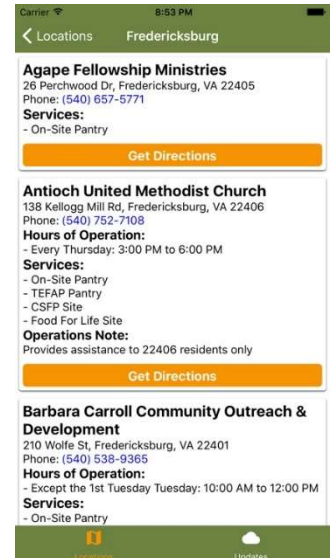
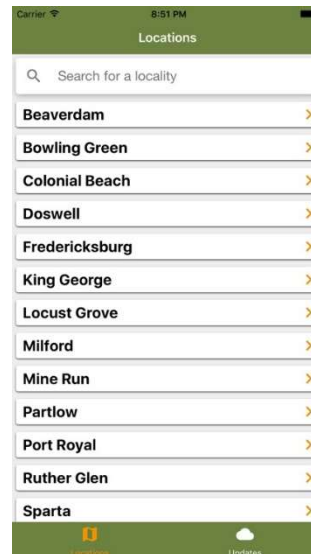


Food Assistance Options

1. FredFoodVA

This is an application you can download for free through the iPhone App store or through the Google Play store. This application shows you the nearby food banks and when they are open. Generally most food banks just ask you for an identification (ID).



Fredericksburg Regional Food Bank's
Pantry Locator App

The Fredericksburg Regional Food Bank has launched a pantry locator app called FredFoodVA, available for download on Android and Apple devices.

The FredFood app will give you the most up-to-date information about the locations of food pantries as well as other food assistance programs in our community, their hours of operation, and any updates about pantry hours, pop up pantries, mobile pantry stops, closures, etc.

 Scan for our app!


Download the app on Google Play (Android)
Download the app on App Store (Apple)

[Find us on the web at www.fredfood.org](http://www.fredfood.org)

2. Families have been referred to this food bank that provides many choices such as produce, meats and snacks. All food items have been properly handled. They are open on the **weekends**:

Community Ministry Center

Address: 918 Bragg Rd, Fredericksburg VA 22407

Food Pantry hours on weekend:
Every Week Saturdays 9am-12pm



3. Orderahead.org

This website allows you to “order online” to pick and chose what groceries you would like. It will ask you a few questions regarding income but it does not disqualify you from services if you make too much or too little. It’s just a question the website asks. Once you are ready for checkout, you will have to pickup your groceries at the location you chose. The **closest location** to you is below:

