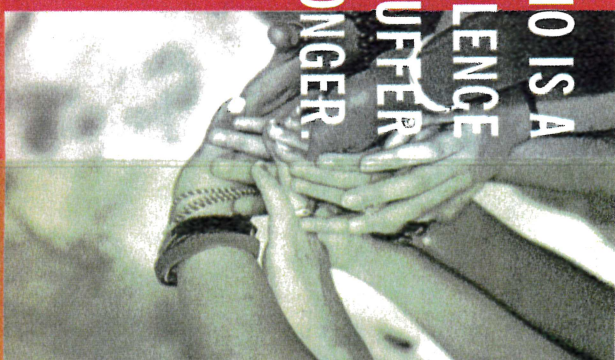
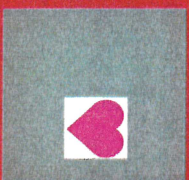


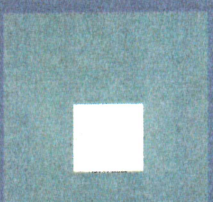
YOU KNOW SOMEONE WHO IS A  
VICTIM OF DOMESTIC VIOLENCE  
DON'T ALLOW THEM TO SUFFER  
ALONE IN SILENCE ANY LONGER.



**EVERY 5 DAYS**  
A VIRGINIAN IS KILLED  
DUE TO DOMESTIC VIOLENCE.

# DID YOU KNOW?

YOU ARE NOT ALONE



**empowerHOUSE**

SUPPORTING SURVIVORS OF DOMESTIC VIOLENCE

**empowerHOUSE**

SUPPORTING SURVIVORS OF DOMESTIC VIOLENCE

**P.O. BOX 1007**

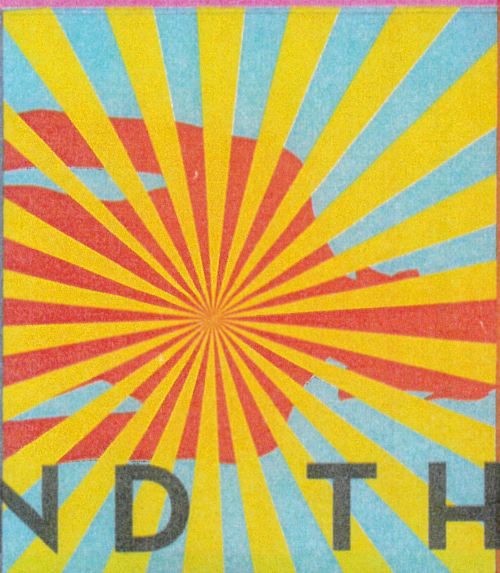
**FREDERICKSBURG, VA 22402**

**HOTLINE**

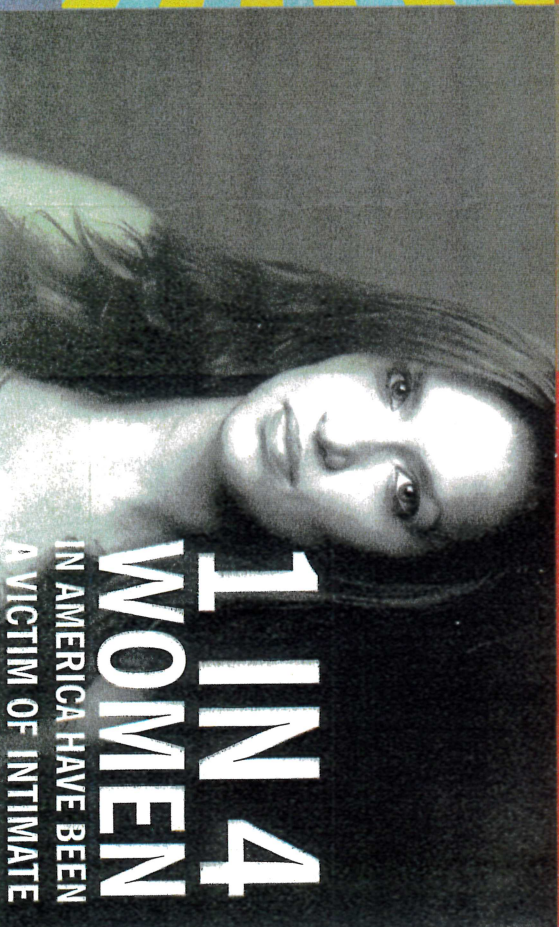
**540.373.9373**

**TOLL FREE**

**877.734.7238**



AND THE SILENCE



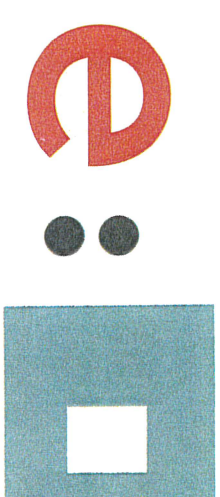
**1 IN 4  
WOMEN**

IN AMERICA HAVE BEEN  
A VICTIM OF INTIMATE

[WWW.EMPOWERHOUSEVA.ORG](http://WWW.EMPOWERHOUSEVA.ORG)

# empowerHOUSE

SUPPORTING SURVIVORS OF DOMESTIC VIOLENCE



## HEALING. HOPE. SAFETY.

Empowerhouse promotes safe relationships, homes, and communities by empowering survivors and their children to believe in themselves and build new lives filled with dignity, respect, safety, and hope. We give victims the time, space, and tools to heal their hearts, restore their connections, rebuild their lives, and renew their spirits. Empowerhouse, serving the community as RCDV since 1978, is breaking the cycle of violence through shelter, advocacy, education, awareness, prevention and intervention.

As a nonprofit accredited domestic violence services organization, we offer the following free confidential services to victims and their children in Frederickburg, Caroline, King George, Spotsylvania and Stafford.

- 24-hour Residential Shelter (average annual number served: 100 women with 100 children, unpublicized location)
- Housing assistance-scattered rental sites to transition quickly into permanent housing
- Emergency Shelter
- 24-hour hotline : 540-373-9373
- Court advocacy & healthcare services accompaniment

- Crisis intervention and advocacy
- Risk assessment & safety planning
- Cell Phones
- Support/Education groups for women
- Spanish language and culturally relevant services
- Groups for children called Forgotten Victims & for Teen Girls witnessing domestic violence in the home or at-risk of relationship violence

## EMPOWERHOUSE INTERVENTION FEE BASED SERVICES

- Fresh Start Intervention groups for Men and for Women (Fresh Start Men's group is a certified Virginia program) (\$500 for each program, for 21 weeks)
- Groups (with an intervention focus) for Teen Guys (\$100)

## EMPOWERHOUSE PROVIDES & PROMOTES THE FOLLOWING ACTIVITIES AND EVENTS TO FACILITATE AWARENESS AND COMMUNITY INVOLVEMENT

- Volunteer Program
- Community education and training
- Used cell phone drive/collection and distribute 911 phone to survivors

- Annual Events: Empty Bowl (January), Night of 1000 Pies (August) & Golf Tournament (October)
- Candlelight Vigil - (October) Domestic Violence Awareness Month
- Dating Violence Prevention – education presentations - Healthy Relationships and red flags indicating unhealthy/at risk relationships for teens in Middle and High schools
- The Bathrooms Project - awareness posters in bathrooms with hotline number tear off cards
- The Clothesline Project Exhibit - Displayed on a clothesline, t-shirts tell personal stories of violence against women. The t-shirts serve as an artist's canvass and are created by survivors.

## empowerHOUSE

office@empowerhouseva.org  
business line : 540 . 373 . 9372